

SARSEN HEALTH

Occupational Health Specialists



OCCUPATIONAL HEALTH SPECIALISTS IN WOKING

Our services range from an occasional service providing advice on sickness absence to a full managed Occupational Health service.

We understand that small businesses need a flexible, customer focussed and cost effective service.

Based in Woking we have been around for over a decade, and are a team of enthusiastic and competent OH Specialists. We are accredited by the Faculty of Occupational Medicine of the Royal College of Physicians, which means we offer a safe, effective, quality service.



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@ enquiries@sarsenhealth.co.uk



Sarsen Health Ltd, 3 Wells Court, Albert Drive, Woking, Surrey GU21 5UB



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SICKNESS ABSENCE CASE MANAGEMENT

Sickness absence is particularly costly for small businesses, and when a key employee is off work they may need significant support to return. In many cases employers are able to provide that help. But there are some medically complex cases of physical or mental ill health where the support and advice from an Occupational Health specialist can prove to be invaluable.

Adopting a case management approach, we will:

- Assess the employees fitness for work
- Advise on an appropriate rehabilitation plan
- Provide clear and concise advice on adjustments
- Interpret medical information
- Advise on a timeframe for the employees return to work



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MENTAL HEALTH IN THE WORKPLACE

The cost of sickness absence due to mental health problems is estimated to be around 7.9 billion .

The majority of Management Referrals we receive are for employees with mental health problems. Our clients are diverse and each employee's problems are different.

The government has committed to trying to improve mental health services but there is still a long way to go. All too often signs of mental health problems may not be noticed by employers and that is where we can help both in offering training for manager and individual case management to help an employee return to work with the right plan in place.

What we offer:

- Individual support and advice for an employee with mental health problems
- Training for Managers on Mental Health in the Workplace



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If you need advice on an Occupational Health matter, or would like to have a “Where Do I Go From Here” conversation – give us a call.

Face to face appointments can be booked at our offices in Woking or we can arrange to come to you.

Contact us:

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[Enquiries@sarsenhealth.co.uk](mailto:enquiries@sarsenhealth.co.uk)



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