

Health Surveillance and Health Assessments

Health Assessments – Health Surveillance

By law your employer must do its best to ensure that work does not damage either your safety or your health, and by law employees have to have relevant health surveillance, such as a hearing test or assessment of signs of health effects related to vibration tools.

Many procedures already in place in work are there to protect your health. For example, providing gloves and ear defenders, or limiting time spent using hand held vibrating tools.

The health assessment has 2 aims:

1. To give you information about your health, particularly in relation to hazards at work, and how to maintain it/improve it.
2. To give the company further information on how effective control

measures are in protecting workers health, and specific information on protecting your health in the future.

Health Assessments – Wellbeing

In addition your employer may offer you the opportunity to have a number of ‘Well Person’ Checks- such as Cholesterol Testing, Blood pressure monitoring and general health advice given by a qualified Occupational Health Professional.

Who will do the tests?

Nurses with specialist qualifications in occupational health (health in the workplace) will carry out all tests.

What information goes to the company?

For the vast majority of employees, we expect to simply say, “fit for their job”.

Depending on the results, for some employees, we will say the company should protect your health by doing something specific like reducing the amount of time

spent using hand held vibrating tools, in each working day.

In a very few cases, we expect to say that we need to refer you to a specialist doctor who will give more advice about your job and your health.

What information can I have?

We will, if you ask, show you all copies of all the forms we use.

We will explain all the tests we do, and will discuss with you what your results mean. For example, we will show you the result of your hearing test, and explain what the graph means.

What information do I need to give?

You need to complete a health questionnaire (given to you before your appointment) as fully as you can, and answer other questions on your health and work during the tests.

Please be honest, we can only be accurate with advice on protecting your health if we know about a problem that may affect this.

What will not happen

You will not be physically examined or undressed, other than having a blood pressure cuff round your arm, and having your ears examined for wax before the hearing test.

What will be tested/examined

For all tests, you will be given a copy of the results, and we will explain the meaning of all results to you as we go along.

Blood Pressure:

Untreated high blood pressure is dangerous, but treatment usually ensures that people can continue in their normal work.

Skin:

For signs of dry skin or other skin problems, such as dermatitis.

Health effects of vibration:

Asking you questions about use of tools and the effects on your hands and arms, and maybe carrying out some simple tests.

Hearing:

Examining your inner ear, and carrying out a hearing test.

Vision:

A simple eye test.

How to access information

Following your health assessment, we will keep your records securely at our offices. We may have some paper and some electronic information. We will, if you contact us by phone, email or in writing, copy all or some of the information we hold and send it to you. For example, we will have copies of all test results, reports to management and clinical notes we have made. Please contact us on the number below or write to us. All health surveillance records should be kept for 40 years by law. Please ask for our Privacy and GDPR Process.

***If you have a compliment, concern or complaint about our service, please contact us at: Sarsen Health Ltd, Elmbridge House, Elmbridge Lane, Woking Surrey GU22 9AF
Tel: 01483 730143
enquiries@sarsenhealth.co.uk***



HEALTH ASSESSMENTS

Information for employees