



SARSEN HEALTH

Workplace Health Management



SARSEN HEALTH: OCCUPATIONAL HEALTH SERVICES

Standing out from the crowd

Sarsen Health is an award winning Occupational Health provider with over a decade's experience in the construction industry.

We are based in Woking, and our services range from an ad hoc health assessment to a managed Occupational Health Service. Our construction services are aimed at small and medium sized companies. We understand the need for flexible services that meet both compliance needs and your budget.

Our construction clients range from civil engineering, traffic management, concrete repairing and cladding contractors.

The benefits of working with Sarsen Health

- Scalable and flexible service
 - Experienced, qualified and skilled health professionals
 - Cost efficient access to scarce skills
 - Cross industry experience
 - A commercial service based approach employing best practice and an understanding of commercial realities
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MAKING HEALTH RISK MANAGEMENT A HIGH PRIORITY

Proactive measures are needed to protect your most valuable resource – your employees.

Health surveillance

Health surveillance is about systematic, regular checks on workers to identify early signs of ill health, **and then acting on the results!**

Health surveillance is needed to protect workers who are at an increased risk, identify work-related ill health at an early stage so that steps can be taken to treat the condition and prevent further damage; and give early warning that protective control measures are not effective.

Health surveillance does not reduce the need to eliminate or manage health risks.

Formal health surveillance is only necessary if work damages health in a particular way and the following factors apply: there is a valid way to detect a disease or condition and it is reasonably likely that damage to health will occur under the particular conditions at work and health surveillance is likely to benefit the employee.

Statutory Health Surveillance is required under:

- Control of Noise at Work Regulations
 - Control of Vibration at Work Regulations
 - COSHH Regulations
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TEAMWORK & COMMUNICATION

Strong communication and teamwork is vital in the construction industry, and the same applies to health management. Integrating Health and Safety, human resource and other management processes ensure that your Health Risk Management is built on strong foundations.





SAFETY CRITICAL WORKER HEALTH ASSESSMENT

Safety critical work: “Where the ill health of an individual may compromise their ability to undertake a task defined as safety critical, thereby posing a significant risk to the health and safety of others.”

A range of jobs are assessed as safety critical, for example:

- Confined Space Work
- Work at heights
- Plant operators
- Work on high speed road networks
- Many others identified by risk assessment

The current industry standard (CBH 2008) sets health standards for those doing this kind of work.

Most people self select into jobs they know they can do, but on occasion we detect people who need help with an underlying medical condition, need glasses for distance and driving, or have high blood pressure that needs treating.

Whatever the problem, we will support them through the process and in most cases obtain the help needed to return them to work or pass them fit for the job.





ADDITIONAL SERVICES

Management referrals for sickness absence

When an employee is off sick for a period of months they need significant support to return to work. In many cases employers are able to provide that help and enable an appropriate rehabilitation to work. But there are some more medically complex cases of physical or mental ill health where the support and advice from a qualified and experienced occupational health professional is invaluable. We can liaise with the individual's GP or specialist to interpret the medical picture and provide robust advice on fitness to return to work, including advice on adjustments.

We will see them at our offices or yours, and provide a comprehensive report.

Pre-placement medical questionnaire

- Sarsen Health can provide employees with paper based or online medical questionnaires to assess their fitness to undertake a specific role.
- This health assessment aims to identify early on any health condition that may require adjustments in the workplace to enable the individual to safely carry out the specific duties of the job





SPECIAL DELIVERY

For many companies, the most effective occupational health service is delivered on-site.

Seeing people in their workplace allows us to develop good communication with managers and employees, as well as ensuring consistency and continuity. Downtime can be reduced, and employees can travel to one site to be seen.

On-site services allow us to deliver a wide range of risk based flexible services, and provide advice and guidance to HR and Safety Advisors.

On-site services:

- Face-to-face management referral consultations
- New starter medicals
- Health surveillance
- Workplace Assessments
- Wellbeing and health promotion days

Working office services:

- Face-to-face management referral consultations
- Safety Critical Worker Health Assessments
- Pre-placement medical assessments
- Ad hoc health surveillance
- Consultant physician appointments

Remote services:

- Telephone consultations – management referral for sickness absence – these are useful in circumstances where the employee does not need to be seen or a review is needed
- Pre placement medical questionnaire





OCCUPATIONAL HEALTH (OH) ADVICE LINE

Sarsen Health offers an OH Advice Line, designed to provide immediate access to an experienced and qualified occupational health professional. Our aim is to offer help to managers with solving employee health problems – this may mean suggesting a course of action, or signposting to a range of appropriate resources.

The OH Advice Line is available Monday to Friday 9:30 – 16:30.

